

# SitFlow Reviews

#	Title	Review	Rating
1	I've had the HOVR at my desk at work and loved it!	Just wanted to let you know I've had the HOVR at my desk at work and loved it so much I bought 3 more for other staff members. This morning I took the HOVR to school for my 3rd grade son who has ADHD. I'm VERY interested in seeing how it works out for him (put it on the stand rather than attaching below his desk – was concerned it would shake the desk too much). Was surprised to get the follow up email from your team this morning to use the HOVR for school!	5
2	Amazing for students with ADHD	For some students with ADHD or any type of movement needs, the HOVR is a great tool. It is discrete (under the desk), quiet, and because it is hands-free it enables students to use their hands for academic tasks such as writing or using manipulatives. The acclimation period is quick for children and the various types of movement the HOVR provides ensures students don't bore of it easily. One student in particular when from being able to sit and read for less than 5 minutes at a time to sitting for 30 minute durations while using the HOVR.	5
3	It feels like I'm walking	We have been using the HOVR in our classroom for almost a month and the students seem to enjoy it. At first the students were reluctant to try and not quite sure why they would use the HOVR, but after a few times the students really enjoyed using it. In the picture attached you will see student Alec Barnett using the HOVR. "It feels like I'm walking" Alec Barnett of GW Williams told me while he was using it. When talking to other students with anxiety or those constantly on the move they all agreed "it's pretty cool the way this works, I could use this all day to help me stay focused and motivated."	5
4	I am really enjoying having the HOVR	I just received my HOVR with a stand. I just wanted to tell you how pleased I am with it. I am a senior with a knee problem and heel pain. This makes it difficult for me to walk long distances. The HOVR is doing exactly what I hoped it would do. It allows me to keep moving my legs without putting pressure on my heels and knees. So although this was an expensive purchase for me, I am really enjoying having the HOVR and glad I took the chance on your product.	5
5	I just wanted to let you know how much I love my HOVR!	I just wanted to let you know how much I love my HOVR! I just had it in stalled at my desk at work about a week ago - the set up was very easy (I had my boss do it!)  It seems to work best if I take my shoes off. It's so nice to have something to do with my legs while I work! It's not distracting, either. I like that there are so many movement options and I am confident that this extra movement will be a health benefit - I'm sure I am getting extra circulation in my legs, instead of them being stagnant without the HOVR.  Thank you for creating such a fantastic product and I give you permission to use any of my words in this email as a testimonial.	5
6	I feel like my attitude is lighter and my focus on my work improved	Day two using the Hovr. Is it too much to say "life changing"? No more - middle aged creaking when I get up from the desk Now I understand just how hyperactive I truly am - as I am always in some movement at the desk It is kind of cool to be in a discussion with coworkers and no one knows that I am joyfully swinging my legs under your desk - like I did when I was six! I feel like my attitude is lighter and my focus on my work is improved Swimming has been my thing - and it feels a bit like swimming and I always feel happy after my dip!	5
7	Thank you for inventing this!	Hello, I wanted to say that I have used my Hovr for a few days at work and have told so many people about it including the head of HR who is interested in buying some for our company. We talked for quite a bit about my experience and thought you might want to hear the good	5

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		people are saying about it after I made them try it. We are all very enthusiastic about it as a solution to so much time at our desks. Thank you for inventing this! Michele	
8	I do want to let you know that we love the Hovr!	I do want to let you know that we love the Hovr! It has definitely taken some getting used to but we are having fun with it!! My teen son (with ADHD) came over to the office and lit up right away when he saw it. We are definitely getting a lot of comments bout them too.	5
9	Thank you so much for your product!	Thank you so much for your product! I got it set up under my desk at work during lunch yesterday. I have chronic pain in my knees due to 4 knee surgeries. This made it uncomfortable walking my dogs, carrying groceries up the steps, etc. After using the HOVR for 3 hours in the afternoon, my pain was mostly gone. I think I am going to invest in another one for home. Thanks a million for your product!	5
10	I am SO HAPPY with this ingenious invention!	I am going to be tired as all get-out once I get up in less than two hours, but that will not stop me from HOVR'ng continuously as I endeavor to put out all my work fires. I am SO HAPPY with this ingenious invention! I will definitely be sharing the good news with my fellow transcriptionists and editors (I do both in my business), who frequently bemoan the fact that they spend far too many hours sitting, and are suffering the consequences. They will be thrilled to know they have a solution that does not require any modifications to their desk setup (as long as they have some leg room).	5
11	Thank you for your awesome invention!	And the timing was awesome! It made a great surprise post Christmas gift for my boyfriend  Thank you for your awesome invention! I love mine and use it almost daily! <3	5
12	Wanted to let you know how much I'm enjoying my HOVR	I just wanted to let you all know how much I'm enjoying my HOVR. I just got it set up in the office today and I'm beyond enjoying it. I have a job where I'm at a desk for 12 hours a day so this is really helping keep me moving and I feel like I'm a little more focused, I'm usually kind of restless person so this gives me something to occupy myself. Thank you so much!	5
13	Used it EVERYDAY this week and love it	Just received this! It is awesome! My wife has a disability, 1/2 of her foot is amputated, so putting a lot of weight on it hurts. She has trouble exercising. This has been awesome for her. She has used it EVERYDAY this week and loves it. THANK YOU!	5
14	I am seriously LOVING having the HOVR.	Thank you. No problems so far. The rubber bumpers did fall off initially but I just removed them and ended up gluing them as you suggested. I am seriously LOVING having the HOVR. It's so hard to sit at a desk for 7 hours a day. It's been very helpful. Will likely get one for my husband too. Just sending some good feedback to balance some of the issues you may have heard of. Thanks for being so responsive and offering solutions.	5
15	Hello! I am loving my Hovr	Hello! I am loving my Hovr; I got it to allow random leg movements during particularly bad episodes of Restless Leg Syndrome, and am pleased to report it has reduced how awful I feel while waiting for meds to kick in or figuring out what the trigger for that episode was.	5
16	I suffer from RLS. I use HOVR and it really does help me.	I didn't get mine for the benefits it was created for. I suffer from Restless Leg Syndrome (RLS). If you're not familiar with that, it is something that makes you need to move your legs to have the creepy crawly feelings go away. I use HOVR and it really does help me. Now I have 2 tricks for relieving RLS.....HOVR and cooling my legs off. Thank you for this product !!!!	5
17	Happy Teacher	This is the teacher who has given multiple testimonials, seems like she would be willing to give a review	5
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25	Just starting using my free-standing HOVR. I love it.	Just received and starting using my free-standing HOVR. I love it, though I don't use it continuously. Generally use it about a 1/4 of the day. The one thing that I think could make it even better would be stirrups for the foot pads. My feet keep sliding. Anyway, I love just swinging my legs back and forth...helps with leg stiffness and fatigue. After lunch I give it hard push to reinvigorate and exercise. Great workout.	5
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32	Happy Teacher	This is the teacher who has given multiple testimonials, seems like she would be willing to give a review	5
33	Love my activity tracker and app!	This takes HOVR to a whole other level. I really love my activity tracker. Thanks HOVR!	5
34	Less tension from sitting all day!	I bought this because I spend most of the day at a desk, sitting. Even though I've only been using the HOVR for a few days, I'm already noticing a overall difference like not feeling as tense in my body after a day of sitting. Because your feet are elevated and you can move your legs and feet across a range of motion, I noticed that I'm not tensing and constricting my whole body in the same position when I sit for long periods. Swinging my legs also feels very playful so it kind of puts me in a better mood while I'm working! If you have plantar fasciitis like I do, being able to stretch your feet easily by maneuvering them on the pedals might help. It seems to have reduced the tightness in my heels!	5
35	I constantly struggle to find a good place to keep my feet while sitting at a desk 8 hours a day.	I constantly struggle to find a good place to keep my feet while sitting at a desk 8 hours a day. While standing helps, it was wonderful to find a system that gives my feet lift, action, and motion while working. The system is easy to adjust, and works with the various desks I use, and the many different people who use my desk. Makes an easy solution for foot rest and foot restlessness all day long, and moves along with me. The construction is solid and stands up to my legs all day (and I weigh well over 200 lbs).	5
36	Hold off Death...	Apparently sitting at my desk all day is bad. Some would say it is the new smoking. The HOVR promo video really got me thinking. I like the idea of holding off death as much as I can. The motion of the HOVR takes about a day to master. After the first full day, it feels like the day after leg day. You'll be executing the advanced moves in the users manual in no time and even creating your own.	5
37	The HOVR is awesome! It's so nice to sit at my home	The HOVR is awesome! It's so nice to sit at my home office desk and feel like I'm doing something good for myself. The HOVR comes perfectly packaged, it's REALLY easy to set up and the instruction manual includes great pictures which show various movements to get the most out of your HOVR. I purchased the Independent Stand version which I can move from room to room so there's no excuse not to move while I'm doing a Netflix binge!	5
38	HOVR great for POTS Patients!	I have Postural Orthostatic Tachycardia Syndrome (POTS), which means I suffer - among other things - from poor circulation and blood pooling, particularly in my feet and legs. I love my HOVR because it keeps me moving and is very comfortable to use. I'm able to sit at my desk comfortably for longer than I was before I got my HOVR.	4
39	My Foot Toes!	Got mine today and it is awesome! Super comfy and super easy to install. I would recommend a power screw driver to screw into desk. They do provide you with a small Philips head manual screw driver and 4 screws, however, if you are installing under a desk into wood you want power. I had our facilities install it no problems in a few short minutes. I love this thing! My foot toes are so happy as a clam!	5
40	The HOVR product is amazing!	The HOVR product is amazing! I have felt an improvement in my low back pain working at a desk all day. It also just makes me feel better overall mentally as well as physically. I tend to be a fidgety person anyways when sitting for long periods of time so this helps keep my knee joints warm as well as keeps my circulation flowing. It was well worth the investment. Highly recommended!	5
41	I LOVE IT!	I saw the HOVR swing a year ago when a friend shared a picture with me and I thought how cool that would be to have at work. I had a knee replaced this past summer and when I went back to work my knee would stiffen up from sitting. So I thought why not try the HOVR swing. I love it!! It can be a challenge at first just getting your feet on the swing, but it can entertain me all day long. Highly recommend the product.	5
42	Thanks to the HOVR I can work longer days without having to stand up as much.	I am in love with the HOVR! As someone who's hyperactive and can't sit still, the Hovr allows me to move without having to get up all the time. It makes it easier to go through work days that require me to sit for 8hrs a day. I'm extremely satisfied with this product and would recommend it to anyone with the same problem. The bonus is that it's easy to set up and arrived next day!	5
43	So glad i bought a Hovr	I love the way the hovr looks and feels. It glides so easily when I place feet on it, and after a few minutes, I notice my thighs feeling some fatigue. It is very easy to put	5

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		together, and it is such an easy thing to do to add activity into my day. Thanks Hovr team!	
44	Just received this last week but I am in love with it already	I just received this last week but I am in love with it already. I suffered a blood clot in my leg after bunion surgery and was told to find a way to keep it moving when sitting. Seeing as I sit most of the day at work, the Hovr has really helped me keep my legs active.	5
45	Happy feet in a sedentary job.	I was a part of the initial crowdfunding of this product and I love my Hovr. I am able to concentrate better on my work, my legs don't feel as cramped and sore after sitting for 8 hours, and it's fun! It was easy to install and is simple to adjust and figure out the right position for me. I always enjoy letting my co-workers take it for a test drive too. Thanks again for this great product.	5
46	Many great benefits!	This is really a great device. As I am accountant, I sit all day and this HOVR allows me to get the heaviness of my legs off of the pressure point of my thighs and chair. The ability to transfer my feet to a swinging stand rather than stuck on the ground not only helps my circulation but also works on my core a bit. Thank you	5
47	I can't imagine not having this now!	AMAZING! I work all day at a desk and I am a full time student so this product has made a huge difference in under 2 weeks! My legs feel refreshed now at the end of the day. I am hoping to encourage everyone at work to get one!	5
48	Keeps your legs active and your mind focused	When I first saw HOVR online, I was immediately interested in it. A few months went by and I found myself coming back to HOVR's website, each time seeing more information about the health benefits of staying mobile while sitting in your desk. My typical Monday to Friday is about 8 hours of computer work and I've looked into standing desks and treadmill desks, but HOVR was the only product that, along with having health benefits, seemed both comfortable and fun, so I bit the bullet and ordered one. It came professionally packaged, had easy-to-follow installation instructions and within 5 or 10 minutes, I was swinging my fit to the beat of my music. I sometimes have a hard time focusing on tedious work unless something else is keeping my mind active and the simple activity of moving my feet around, while keeping balanced on the HOVR is enough to keep me on task at times. The other nice thing is that it keeps me sitting up straight, since my most comfortable desk chair position isn't great for my posture. Overall, I'd say HOVR isn't for everyone, but I don't regret my purchase in the least.	4
49	Great alternative!	Having the ability to move any way I want is great. I definitely notice a difference in how much my legs fidget and the impact around me. This lovely office addition keeps me from bouncing on my toes all day long and vibrating my co-workers desks. I didn't want the under desk bike that our ergo team offered and this product is a great alternative. I purchased the additional stand but I think I would have liked the version that attaches to the desk better. I have the length adjusted correctly but I still hit the supports from time to time if I don't keep close to level.	5
50	HOVR Flies Well	Easy to assemble. Fun to use. Be sure to measure the space below your work area to get the maximum benefit of all the possible movements.	4
51	I love my HOVR!	I give the HOVR 10 stars!!! My entire household loves it. I work at home from my computer and it is really nice to get this extra movement and burning of calories into my daily schedule! They say you should get up every 30 minutes and move your body for healthy circulation so I am super stoked to keep moving while sitting. Thank you HOVR creators!!!	5
52	I love my HOVR	My HOVR with stand has been great! I've had my HOVR for more than 10 months now. I was using it once a week at home when I teleworked. In March, I became very ill and have hardly been able to move. During my recovery, I have used my HOVR with stand every day. Often it is the only movement I can do. Without my HOVR, I would have lost even more muscle mass. It's so easy, I don't even realize I'm doing it. I'm ordering the one to attach to my desk so I can have a HOVR in front of the TV, too. Thank you!	5
53	Great invention	Very pleased indeed. I'm 65 years old and sit long periods of time reading and writing. I feel less tightness on my knees and have noticed I'm able to get up with more ease after using your invention. Thank you	5
54	Awesome! I love it!	I'm a coder and I sit for hours at my desk. This thing freaking rocks! I would recommend it to everyone. I've already ordered 3 more for my team.	5
55	Wow so cool!!! It's like fitbit for sitting!	The activity tracker add on is worth the money. I bought mine after using hovr for a few weeks. If you're on the fence about getting this \$29 device -- trust me it's worth it	5

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56	it's great! only complain is the strap adjusting is hard	I use mine alot and i like i very much. but only thing i would change is the strap because its tricky to adjust in first	5
57	I needed this 10 years ago :)	Well made product , very sturdy. Wish I had it all this years before i would be thinner :) I like it and im a bookkeeper... i'm glued to my seat all day crunching numbers... HOVR is helping me a ton .	5
58	I'm more focused when I study	Im in college and I decided to get this for myself because I like the idea of being able to focus better when i sit. Well it definitely does deliver on that promise. Thanks!	5
59	Love this! Solid construction	Love this! Solid construction, easy to assemble, really makes it easier to sit for long periods of time in front of computer - which I have to do!	5
60	I love the Hovr desk swing because it lets me fidget	I love the Hovr desk swing because it lets me fidget. I have it installed under my desk at home. I only wish my company would get me one for work. It would be great if I could use it all day. The great thing about it is that you can move so many different directions and ways. Only downside is that you do need a pretty good space for it. If you have a desk with drawers on either side be sure to measure the available area. I have a large office desk and was able to use the hanging one by removing the center drawer and attaching it to the underside of the desk. The HOVR people answered my email quickly and let me know the space needed.	5
61	This thing is great! It allows me to fidget at my desk ...	This thing is great! It allows me to fidget at my desk all day long without having to move away from my work. The only thing that wasn't ideal is that it did 'walk' backward a bit as I used it, or it did until I blocked it with the box it came in. Not certain if that is because I'm using it a bit more vigorously than most, or if that happens to everyone, but it was easily addressed. I highly recommend this product, especially if you are someone who doesn't like to sit still.	5
62	Happy with my hovr	Got this thing as a gift from my hubby because i work long shifts sitting as a dispatcher for a brooklyn taxi company. I have to admit i didn't think it would be any use but im very surprised how much i love using it. it makes the hours go by faster thats for sure and i feel happier and better than sitting without it. i let my coworker use it yesterday and i missed my hovr. happy to have it back today!	5
63	Got one for me and now my whole office has them!	So I found this on indiegogo and thought I'd give it a try. I ordered one directly from their site. I asked a few questions on live chat they answered intelligently and right away. Got the hovr and omg I'm like wondering where this has been my whole life. I work for a boutique architect firm - i sit longgg periods of time. After about 3 weeks of using HOVR I feel so much better and find that I'm way more focused during long work days. I also smile alot more :) Feels like im a kid again in a good way. The good news is that now ALL my coworkers have ordered their hovrs - so all 8 of us will be hovr-ing away out here in Santa Monica. Thanks hovr for this great product!!!	5
64	i love showing off to my coworkers	I love the app im always sending screenshots to coworkers showing them how many calories i burnt during the day while they just gained more weight haha	5
65	Great for people who sit for long periods.	After using the HOVR for almost a month now I can truly say that it has added a good amount of activity to my normally stationary position at my desk. I am aware that sitting for prolonged periods is not healthy but most times I do not think about it till hours later. And I have paid the price. A minor (I think) weight issue and stiff joints. I feel the almost constant movement required by the HOVR has helped to burn calories, loosen my joints and eased some worries about sitting too long. I usually write a couple of sentences in reviewing a product, almost always when they are bad, but I feel this product would benefit many people and hope that a positive review will be helpful in making their decision. I will be purchasing the non-portable version for someone that has a wooden desk as a Christmas present. I have a glass desk so it wouldn't work for me, too bad as it is cheaper. However, the portable version can easily be moved to any area where I sit for a while so I find it to be more useful.	5
66	Great Product	I've had this for a few weeks now and its been great. Getting some exercise while working at my desk has been really helpful. My body is defiantly feeling better since using this and work seems to go by faster as well. Really like this product.	5
67	5/5	HOVR with Desk Mount	5
68	BEST PURCHASE EVER!	FINALLY A PRODUCT THAT DOES WHAT IT SAYS. I WORK LONG HOURS AND HAVE BACK AND HIP ISSUES. SINCE USING THIS PRODUCT I HAVE ELIMINATED MUCH OF MY PAIN. I FEEL LIKE I GET A WORKOUT EACH DAY JUST BY SITTING. THANKS FOR A GREAT PRODUCT!	5
69	I love this thing	This has changed my life ....I have bad knees and locking them in place at my desk was painful ....now I'm swinging and painfree	5

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70	5/5	Activity Tracker - 25% applied!	5
71	Pleasantly surprised	This actually works. Is simple to install and changes the whole dynamic of sitting at the desk in a subtle way. My legs are short and range of motion restricted. Only wish is that it could be adjusted to be more narrow.	4
72	Battery Low	Battery was low almost dead. Had to go out and purchase a new one	5
73	5/5	I think it's an excellent product. I have a home and work one. It seems to help a sore knee which is why I bought it.	5
74	More Energized	I feel less tired and more energized during the day since I have been using it at work.	5
75	As a Christmas gift, it was a hit	I got this for my sister who has MS; she can use it under her desk at work or keep it at home. She said that it feels good to be able to move her legs in different ways. When I was putting it together, my mom wanted to try it out and now she is talking about getting one too. The assembly instructions are not helpful at all; I ended up looking online and finding a YouTube video. We had to guess about the mats that came with the thing but eventually we figured it out. I'll be interested in seeing what my sister thinks about it after using it for a while.	5
76	Keep my rehabbing knee moving	I use the HOVR to keep my currently rehabilitating knee moving, to keep it from getting stiff. Broke my kneecap, developed scar tissue, now remodeling that to do what me knee needs to do. Nice alternative to pedaling, great addition to other things I'm doing!	5
77	Still getting the hang of it!	I've only been using my HOVR for a couple of days, so I'm still getting used to it. My MOST favorite thing is that my knees don't hurt when I'm sitting down now - they are floating!	4
78	Not working for me	I will be returning it. It is hard to get on and one of the rubber rings on the "pedal" keeps falling off.	5
79	Love it!	I love my HOVR! I had no idea how much I actually wanted to be moving while sitting at my desk. It feels great to have that freedom, and I'm less stiff after sitting for a long time.	5
80	Office exercise	Perfect, feels like surfing (only water, sun and beach are missing) Greetings from Germany	5
81	3/5	HOVR with Floor Stand	3
82	Great office work out	I get major swelling in my feet from sitting all day and hovr really helps me and gets my swelling down	5
83	New hovr	I had the original hovr with the stand. The foot pieces didn't hold together very well but the new one has been much better. I spend a lot of time doing knee exercises and the new one is much easier to use.	5
84	Just what I needed	I have considerable pain in my ankles and was looking for something to put under my drawing table - something I could use and still paint. I have a Deskcycle under the table I use for eating/computer but my drawing table is too high for one. I came across the HOVR and decided to try it. I love it as I could keep it moving and it doesn't interrupt my painting (I am an oil painter). It was easy to attach. The only suggestion is better instructions on using the tracker.	5
85	activity tracker	i have loved to be able to see how many calories I am burning on this. I put the information into my fitbit so I can keep track. the only thing I wish is I could tell step wise what it would be like more realistic and not just the calories.	4
86	Great, but...	Cons. Instructions should include what size drill bit needed to predrill, as always I had to redrill bigger to get the screws in. (maybe include that bit?) No Instructions on where the MisFit goes. Once it was pointed out by customer service there was a metal disc on one footpad, all was good, but frustrating. Then I could only complain about it being out of balance. Thought about taping some washers, but then decided I like it out of balance so I have a foot that isnt moving when I try to mount up. Pros It works! At first it was just nice to swing, but coming back from the gym with a little fatigue setting in, I can really feel it engage those muscles. Now if it would only work on my core ;-) I wish the app was more custom for the HOVR, but I suppose that would cost more...	4

#	Title	Review	Rating
87	Nice addition to work day, hope it lasts	I like it so far- I've only had it for 5 Work days. One pedal has come off twice and I had to screw it back on and it's wearing material off- black stuff on my floor. It is providing more movement at a desk job- I hope it holds up for the cost.	4
88	Husband loves it!	My husband works at a desk all day, but has always tried to move as much as he can while still being productive. He has been using it for a week now and loves it! He likes that it keeps track of his movements as well. He is also a Fitbit user, so this is right up his ally.	5
89	Excellent Product, Delivers What it Promises	I purchased the HOVR floor stand model & use it at my desk at work. The set-up was easy, took just 5 minutes, and so far it has been working great. I really enjoy using it.	5
90	Easy to assemble	Very easy to assemble. Easy to sit there and keep moving!	5
91	Wiggle While You Work	I'm a writer who sits at her desk all day. Since I got the Hov'r, my feet are constantly moving, which I think actually helps my concentration. Hov'r on!	5
92	Just OK - hope it will be helpful	<p>I have the portable option and I would say it's just ok at this point. I had high hopes upon ordering, and I hope it will ultimately be helpful as I sit at work for sometimes more than 8 hours per day.</p> <p>I think I would prefer that it attach to my desk, but our office is being remodeled and I'm not sure where I will be sitting. I find the short distance of the strap on the floor stand to be a little annoying - the "swing" is very limited and feels choppy. Also, it walks and bounces a little regardless of where I put the little mats underneath. Adjusting the strap length is a royal pain - too many buckles...there has to be a quicker easier way to change the length.</p> <p>I am also not enamored with the foot rocking motion - perhaps the limited room and short strap setup impair the ability here.</p> <p>I have a pre-computer executive desk with limited room underneath and while I searched for a chair that would go higher than the one I have, I've not found one, so it's been difficult to find a way to make it work. My knees hit the center drawer and i can't get my chair high enough to achieve a 90 degree angle. (I can see where this would be more useful with the tall desks/high chairs as shown in your videos)</p> <p>I do appreciate the fact that I am able to get in a little movement while sitting, even though it's pretty awkward.</p>	3
93	Love it and glad I got the stand	I work from home and use it daily. Very easy to set up and adjust.	5
94	Love it	Cannot believe how "far" I "walk" without leaving my desk. I love the tracker because it makes me want to go farther each day.	5
95	Ingenious and Well Constructed	I sit and type in my day job, sit and crochet in my spare time, and also had blood clots following surgery two years ago so am sorely in need of anything that will improve my circulation when sitting for hours at a time. I have received and assembled my HOVR with floor stand. The screws, washers and assembly implements all arrived nicely in their separate bags. The screws on the foot pads, however, are screwed in and you need to remove them to slide them into the metal sleeves, then screw them back in. They were quite hard to remove - it would be nice if they were also in a little baggy. I have only used the HOVR for two days, but did use it while reading the Sunday paper yesterday and my legs felt nicely energized when I got up out of my chair. It took a bit of adjusting to get the swing at the right height. Since the foot pads rotate and all parts of the swing move, and I am not the most coordinated person you've ever met, there has been a bit of a learning curve in its use, but I've already decided to buy an under-desk HOVR so I can also use it at work. This is my first fitness investment for 2018.	5
96	Great Product	Awesome product, I work in a desk job and not being able to go for a walk all the time and get up and move around makes me ache and hurt. Since using this product for almost a month my legs and feet have ached a lot less and feel it will only get better the more I use it.	4
97	not sure	I just put my Hovr together and gave it a try. A little awkward, but maybe it will feel less awkward with more use. On the other hand, when I use it, my chair rolls away from my desk. Then with my feet off the floor, I cannot get back. I've also had the Hovr slide away from me as I used it. So, at this point, I'm not sure whether this will suit me. It does swing easily. I can "stomp one-footed"	3



#	Title	Review	Rating
98	The Best	I love the HOVR. I use it all day at my desk. It is more comfortable than resting my feet on the floor and I do not sit with my legs crossed anymore.	5
99	Great Toy	First let me say I was impressed with how well made this product is. To me it's like a toy. I'm on it all day long swinging around. I have a desk job so this is more movement than I've had in a long time. I've noticed I no longer have swollen ankles at the end of the day from sitting for a good portion of the day. This does not feel like exercise, but it is. It's fun!	5
100	LOVE IT!	I am sitting 9 hours a day and now I am wiggling and swinging my legs about 7 of those!	5
101	Still Not Sure About The Health Benefits - But Fun!	I have been using this for about 2 weeks. It was hard to get used to in the very beginning, but after just a couple days I got the hang of it. Biggest problem was chair moving, and because of my desk layout, the mats are not much use. Antique L-Shaped desk, window behind. But, I am very much enjoying it. I am a bit skeptical of the actual health benefits, I'm sure it helps circulation, but burning calories, hmmm..... I am a graphic designer, so I get to listen to music, and it has been a lot of fun moving to the beat. I have gotten used to the constant movement at this point, so when I actually do put my feet on the floor, I am bored. Will keep you posted!	4
102	A great alternative for my mobility challenges!	I'm really enjoying using this device. I have multiple sclerosis and don't walk well or much anymore. I was worried I wouldn't be able to get situated or keep my feet on it but it's surprisingly comfortable and actually a great alternative to a stationary footrest for me. I'm very pleased.	5
103	Great!	Product is exactly as described. I purchased the HOVR and stand, which I brought to the office. It's great-I have less leg pain and restless legs at night.	4
104	Love it	It was everything I hoped for. So easy to use all day.	5
105	Perfect!!!	Thank you for making such a wonderful product. I ordered one for myself & one for my dad...we are so happy we can sit healthier! :)	5
106	Fun	When I have to sit for hours at my desk, I really enjoy having the HOVR to keep my legs moving.	4
107	Awesome active sitting, stand is too much \$\$	I bought the desk mount with the hopes of using it on my desk at work, but the drawer was going to be in the way. I was not going to spend \$90 on the stand that is being offered for this. Being an engineer, I knew I could build my own stand for substantially less than that, it has taken a revision or two but my DIY stand has been working well for 2 weeks and I have been actually looking forward to going to work to use it (as I sit at home without it, thinking about justifying another one)	4
108	Love it	So easy to stay active all day at my desk	5
109	Awesome device!	My daughter loves her HOVR! She worked on her feet all day in her past job, and when she started working her desk job, sitting all day made her feel antsy and out of shape. The HOVR allows her to exercise her legs and keeps her from feeling restless while she works at her desk.	5
110	4/5	HOVR with Floor Stand	4
111	Still unsure about it	I've had the Hovr installed for about a week now, and I can't figure out if I like it. I don't feel comfortable just resting my feet on it, it only really works if I'm moving. Which I understand is the point, but I can't really seem to get it in a position that is totally comfortable even when I move my feet. The circle foot pads don't rotate as easy as I want them, and it's a little hard to get my feet in the right position on them. I find myself removing it a lot but then when I go to cross my legs I always hit my knees on the hooks. I may be uninstalling it and letting my husband give it a shot.	3
112	Great product	Great product, easy setup, sturdy components, very good design.  However, our misfit(tm) bluetooth monitor eats batteries...maybe just this one and I don't know if it is typical for the first battery to last only 2 weeks.  Desk mounting was easier than expected and it is adjustable for other users with different leg lengths/height. We call it a fidget machine and I am embarrassed to find I actually fidget that much.....huge calorie burns!	5
113	Motion is the Lotion.	Just moving, whether is its a little or a lot helps. I have a bad knee and this product helps keep it from stiffening up. I use while I watch TV. I also have restless leg syndrome and I think it's helping that too.	5

#	Title	Review	Rating
114	Like it!	I'm not sure if I'm gaining any measurable health benefits, but I do enjoy swinging my feet around while I'm sitting at my desk. And I think my feet don't hurt as much when I get up -- not sure why, but I'll take it!	5
115	got it together	I switched environments and it was easier to get the machine together. It's working now and is good. I have to make certain adjustments in my office like raising the monitor since I had to raise my chairseat for the Hovr. But it's fun to use and not that hard to put together once in the proper workspace.	4
116	5/5	HOVR with Desk Mount	5
117	Using it as I write this!	Easy to install, easy to use-in a variety of movements. Only had it installed for a few days, but I do love it already. Feeling it a bit, especially since I keep moving. Highly recommend HOVR.	5
118	So far so good	My feet are on the HOVR right now- I don't know if it does all the things the ad said it would do, but my legs are more active than before. I did find that the length on the strap was a bit difficult to adjust to my desired length, but once I did, it's been fine ever since.	4
119	OK	OK	5
120	5/5	HOVR with Floor Stand	5
121	Great product for the person stuck at their desk all day & it reduces my slouching!	I purchased the portable floor stand model. The stand doesn't get in the way, and had zero issues installing it. I appreciate the included tools to help with the installation. I was surprised and pleased that this product isn't distracting while I work, and it is completely quiet. I recommend it to others!	5
122	5/5	I love my HOVR! I have a sit to stand desk but noticed that I had trouble concentrating with standing. The HOVR keeps me moving but doesn't require conscious effort. I'd recommend it highly!	5
123	Fun and easy to assemble	It was very easy to put together, and we started trying it out within about 10 minutes of unboxing it. My husband has said that he can definitely feel it the next day when he uses it for an extended period. I find it fun to use.	5
124	helpful	I like the Hovr, but I wish the resistance was customizable. The clip is on the wheels, but I would like to increase resistance of the piece that holds the wheels.	4
125	Love it	I hoped I'd like it, but I LOVE my HOVR! I have restless leg syndrome, and it helps to soothe my legs and feet.	5
126	Good product	I've really enjoyed it. It was missing a grip pad. The instructions said it should've come with two and there was only one, but it wasn't clear how you were supposed to use that anyway and it's fine without it.	4
127	5/5	Limited Edition Pink HOVR with Floor Stand	5
128	My knees love it!	Have a bit of knee joint pain and find the Hovr to be a great help. Exercising the legs makes my knees more supple -- and even when I just rest my feet on the foot pads, it prevents my weight from falling on my feet on the floor, which also helps the knees. Strongly recommend!	5
129	Great product	A very sturdy product and easy to use!	5
130	5/5	HOVR with Floor Stand	5
131	Gift of Hovr	I sent the Hovr to my daughter who has a desk job in another state from me. She loves it! I told her she would be setting a trend.	5
132	Love it.	My teenage son snatched it from my office, I only got to use it for 2 days. He can definitely use it since he's always fidgeting while doing homework. Will have to purchase another one.	5
133	Great Product	I felt a little guilty spending so much for this but it's totally worth it!!! I am constantly telling all my coworkers to come try it out!	5
134	Love my Hovr	I saw this advertised on Facebook and thought it was a good idea. It got to me quickly was easy to put together and I love using it at work. I would definitely recommend it.	5
135	I love the hovr and tracker!	I broke my hip in a motorcross accident about 4 years ago and it hurts to sit for long periods. I have a desk job we're I sit and work on the computer all day. The hovr helps keep my legs moving all day and its great for fidgeters. The hovr makes those long days sitting a lot less painful.	5

#	Title	Review	Rating
136	love it	my legs feel great using it. I also got the tracker to count my activity	5
137	Awesome	The HOVR has changed sitting at a desk all day. We have one in our office and pass it around every two hours, we all love it.	5
138	great	love it !!!	5
139	Purchased for Boyfriend's Work; he couldn't be happier!	<p>I bought this for my boyfriend for two reasons: 1. He works in an office job where he isn't able to walk around as much as he'd like to, and 2. He was actually falling asleep while at work due to exhaustion and plain boredom.</p> <p>In comes the HOVR! I saw the product on IndieGoGo and thought it was brilliantly simple. I purchased it for my boyfriend, and lo and behold, he has yet to fall asleep at work. It keeps his mind focused on his tasks, and even when he is annoyed, he is able to use the HOVR to vent!</p> <p>Really a terrific product! The one thing I would love to see either as a side purchase or standard on future HOVRs would be the stabilizing rubber. Ours came off when we unboxed and it won't stay on anymore. He has been perfectly content without it, but just a better design would be appreciated (in case I steal his :P).</p> <p>Thank you for the superb product!</p>	5
140	5/5	HOVR with Desk Mount	5
141	Hope with HOVR!	I have a knee that is bone on bone plus real bad sciatica from a prior back surgery, so exercising is not an option for me. It generates more pain so I'm sidelined. But the HOVR has given me back the ability to start loosening up tight joints and muscles. I look forward to my HOVR time! It's low impact but yet I'm moving. I am finding I'm not getting the hideous spasms in my legs from the sciatica that I had prior. So something is definitely working in my favor. I'm so glad I found it. Or it found me.	5
142	I love it!	We have standing desks at work and I like to stand about 50% of the time. Otherwise, my chair is slightly the wrong height and my feet dangle and it's just miserable. The HOVR completely compensates for this. I can kick my feet all day to any comfortable length or height. I have been so much more productive at work. My boss makes fun of me, but I don't really care, because I am exceeding his expectations. Several of my coworkers now want one as well.	5
143	Love it!	Great product solved my leg stiffness while working long hours at my desk!	5
144	So far so great!!	<p>I received my Hovr over the weekend and Monday morning bright and early, it was installed on my desk. Here are my thoughts so far:</p> <p>- The shipping was fast and the packing was great. I was expecting a large box to be waiting at my door, but it was so well packed that the box fit in my mailbox. Surprise! The assembly was almost nothing, and the instructions were clear and very easy to understand.</p> <p>- I'm almost through a full day of using it and so far, I'm liking it! It does take some getting used to - I'm still finding that perfect height and distance - but already I'm enjoying the ability to "fidget" without distracting myself or interrupting my work.</p> <p>I have only one "complaint" so far. One of the stabilizers has a tendency to come off while I'm using it. A very minor thing so far, and might be fixed when I finally get the right height and angle. If it gets to be too annoying, I'll just glue the darn thing in place.</p> <p>Overall, I really like it. It is a great idea and once I get used to it, I'm sure I'll be very glad I got it!</p>	5
145	Good Product	<p>Good Product overall. I got the HOVR with the stand. I will say, for the price, I thought it should maybe come with the desk mount as well, in case I wanted to use both. Also, I'm a bit taller, and have my computer desk chair as high as it can go (standard, average desk chair with wheels). The foot pads of the HOVR often get caught on the legs of the portable stand. I know I can raise the HOVR itself, however, my legs are bent upwards too much. Overall, good product, i'm pleased with the sturdy materials it is built with. Also, the rubber washers that go under the pedals to reduce movement come off often. So i put a piece of putty adhesive in between the crack of the washer so they do not fly off. I know they have to be removable, but maybe just include some putty or something to seal it. Just a thought! I also purchased the HOVR when there was a 25% discount. The discount was not to last long, so I quickly bought it, only to</p>	4

#	Title	Review	Rating
		see that a 30% discount happened the next day ./ Either way, good product keep it up.	
146	Like it	Eased the pain in my back while sitting. Liked the movement.	5
147	4/5	HOVR with Floor Stand	4
148	5/5	HOVR with Floor Stand	5
149	Love it	I sit at a desk all day for work and the HOVR helps my arthritic knees.	5
150	I love my HOVR!	I purchased a HOVR with floor stand about 2 weeks ago. I can honestly say that I have used it at my desk everyday since it arrived! I love it!	5
151	Great product	I crochet as a hobby...sometimes for hours . My sitting still days are over! The HOVR is a wonderful tool and I recommend the investment to anyone...any age...Cycle, walk or march your self away! Visit the Blog on the HOVR web page for oodles of info, facts, suggestions and fun.	4
152	Love it	I got the one with the stand because my work wouldn't let me mount anything to my desk. It took me a bit to get used to it and find the right setup for my desk and chair but now it's awesome. I have problems with the circulation in my right foot and ankle because of a previous ankle fracture and surgery and I usually have to wear a compression sock. I am constantly moving my feet and keeping good circulation throughout my legs. I also feel a bit of a core workout and my inner thighs are sore like I've been exercising. I'm glad I made the investment!	5
153	Love love love	I've had my HOVR for about 2 weeks now and absolutely love it! I have a hard time sitting still and had a tendency to shake my legs or tap my feet when sitting at my desk— not anymore! I can HOVR quietly and fiercely while fulfilling my need to move! I do agree with other users that the stability rings fall off pretty easily, but I still think the HOVR deserves 5 stars!	5
154	Great except for one thing	I have had it for a week and it is still a little to find the right spot for my feet when I first mount it. Maybe toe clips like hey have on bicycle pedals, or sliding foot guides would make placing my feet in the same place each time much easier. Otherwise it is a great product.	4
155	Love it!	I love moving my legs while sitting most of the day forr work. I got the floor stand about a month ago. Super easy to put together and start using right away. I received the stand much sooner than expected which was nice! I had a question before I bought the HOVR and the response team was wonderful about responding promptly and giving me the information I needed.	5
156	Great Product, expensive shipping	The Hovr Pro feels really nice and is well built. I would appreciate a cheaper shipping though.	5
157	Hovr	It is a great way to stay active.	5
158	Cool	Pas mal merci	3
159	4/5	HOVR with Desk Mount	4
160	Love	Love my new HOVR! I'm the first in my office to get one and after seeing how much I love it and use it, many coworkers have expressed interest in ordering one themselves. Looking forward to having a HOVR-filled office suite!	5
161	Feels great ...	It took a while for me to adjust my swivel, rolling chair to the perfect position for HOVR comfort, but now I am enjoying the freedom of moving my legs while sitting for long periods at my desk.	4
162	Challenging for the impaired	I really like this product and found it very relaxing to use, but I actually bought it for my 93-year-old mother who spends most of her time in a lounge chair. She has difficulty with fine motor control and It took her quite a while to be able to use it at all. When she started out, she was making wildly large movements and kept unintentionally pushing it away. (I bought the floor stand model.) This caused her to keep hitting the floor, partially because the lounge sits lower than an office chair. She got the movement under control after a while, but then she tended to favor one foot and so was working it unevenly. More practice and some coaching and that's more under control now as well. (It's helped to brace it somewhat by pinching the legs under the footrest of the lounge so she can't push it away as easily.) However, she struggles to get her feet situated on the pads (she has difficulty lifting her knees high enough). Like others have stated, the stabilizer rings kept popping off. That's too bad because I think they would help her get her feet on. Now that it's been 2 weeks, she's doing better, but she either pumps it vigorously like she's in a race (she	4

#	Title	Review	Rating
		says she can't do it any more slowly) or peters out and barely moves it at all. I'm hoping that she will continue to improve, as it does seem to be helping with the circulation problem in her feet. It also keeps her from reclining her lounge at every opportunity.	
163	5/5	did not get the order yet	5
164	5/5	Did not get it yet	5
165	Still haven't received anything.	Still haven't received anything.	5
166	Step Goal Reached	Very pleased! I have a sedentary job so I purchased the HOVR on the stand to help get some movement during my work day. I am so pleased that I have met my "step goal" each day by using my HOVR along with a normal amount of walking! Works great for me!	5
167	Enjoying a new form of exercise!	Although I love swimming, sometimes I can't get to the pool. My daughter has a HOVR and loves it so I bought it for myself for my birthday! I am enjoying it! I even use it on swim days!	5
168	Hovr	Great product	5
169	Loving it	I've only had it a week, but I can't imagine not using it. I was developing a touch of Achilles tendinitis in the month before I ordered HOVR. I realized this morning that not even a hint remained and I chalk that up to the subtle, constant stretching and turning and movement of my feet and ankles. I'm in love.	5
170	Love it!	I've had struggles with working a desk job all day after long commutes to my office and home again. I can't always get out for a walk, but I love feeling like I'm moving all the time with my HOVR. It helps me focus on my work, without distracting me with specific exercises or counts. It's fun and hides nicely under my desk. No one even knows it's there!	5
171	Perfect gift	I bought this for my daughter she is very fidgety at work and this is perfect for her.  She loves it!!	5
172		HOVR with Floor Stand (Black & Blue Straps Included)	5
173		HOVR with Floor Stand (Black & Blue Straps Included)	5
174	Love it	I'm not very tall and my feet dangle anyway so now they dangle with a purpose! Love this thing I bought one for home and one for work!	5
175	Bought as a Christmas present	Cannot review yet, I've seen positive reviews. I'll let you know after Christmas!	5
176	Fast ship - but forgot the screws - but it Looks good...	Everything arrived and I am excited about putting it together to try except there are no screws to attach the top piece to the bottom. I wrote and hopefully will get some in the mail? It looks like very good quality and well thought out design. Just waiting for the final touch to give it a try!	4
177	Love my HOVR	I love my new HOVR. The only reasons I gave it a 4 is that my package is missing a screw for the stand and I am finding it hard to get my feet centered onto the pads. I can usually get the first one centered but when I go to get the second onto the other pad, it is hard trying to center it when one pad is on the floor and the other is in the air at an angle.	4
178	WOW Factor	Purchased one HOVR, tried it for about a week and was amazed at the noticeable difference in my ability to navigate up/down the staircase. Having recent back issues, along with a primarily desk job, the HOVR is assisting in regaining strength for long term mobility. Just recently, I purchased two additional HOVR's. One for my son who tried it for a couple hours on a recent visit and works from home and are at a desk most all day and the second for my living room while watching the news/television. Looking forward to continuous use. Also want to commend the online chat customer service which I utilized on both purchases with questions, they were very helpful. Once you get a rhythm going, the movement becomes second nature. Highly recommend.	5
179	Seriously	It was smashed to pieces when I got it	5
180	How long time?	Thank you When can I get it?	5

#	Title	Review	Rating
181		I suffer from leg pain and was having difficulty walking. So I figure using the HOVR would make it easier to get movement and it has. Assembly I had a little difficulty adjusting the straps.	4
182		HOVR with Floor Stand (Black & Blue Straps Included)	5
183	HOVR	I LIKE THIS, BUT IT DOES GET A LITTLE SQUEEKY AFTER USING FOR AWHILE.	4
184	pleasantly surprized	I've used the HOVR for 2 weeks now. It helps my legs stay busy and my concentration is more focused. I feel the price is high for what you get and would possibly be more successful with those that sit for a majority of their work day if it was more reasonably priced.	4
185	Hard to use	I was very interested in this and excited to purchase it. However, I've noticed there's very little control of the movement and it's hard to keep your feet on it.	3
186	Shocking how easy it is	I had a little trouble with getting the balance at first. I found if I rock both feet front and back, it is my calves and upper thighs that workout. If I pedal, it's my abs! That completely shocked me. I'm enjoying it greatly.	5
187	Not very impressed	It is very difficult for me to get my feet on and off of the pads. There is something that is supposed to help hold my chair in place and it doesn't, so my chair rolls away. I have to be in a stationary chair, so it doesn't work well with my desk. I am disappointed.	3
188	Fun way to stay engaged, with very little effort.	I have had my floor stand model for a couple of weeks now and it was very easy to set up and start using. HOVR while working from home has become second nature to me. This is a fun way to "keep the juices flowing" both physically and mentally.	5
189	Better rthan expected!	I have arthritis in both knees and bone spurn on one heel. I work in government and am seated for long perdioids. This helps me from getting stiff. I love it!	5
190	Good and bad	If you have an undermounted keyboard tray, you have to mount this waaay back. I had to do this, and it doesn't quite capture the swinging feeling when your legs are extended. It is quite hard to control and get your feet on correctly. I only use it when I am wearing clogs at work and I can slip my shoes off. I think the company knows this, as there are people in the add in stocking feet.	3
191	A body in motion stays in motion	I love this thing. I do a lot of deskwork, and it sure is nice to be able to move while doing so. It makes me feel less sedentary. I place my feet on the crossbar and slightly underneath the pads, as my hip flexors started hurting when my feet were on the pads. Perhaps consider adjustable-width pads for us shorter people; I'd love to take advantage of the "wobbling" that happens when your feet are on the pads. Fabulous product.	5
192	Looks like a great product	This looks like a great product, they get a star docked because in the last week I've received 3 emails asking me for a review, it's a Christmas present and Christmas isn't here yet ...I'm reveiwing this now so they stop bugging me	4
193	Nice Product but...	Still new and getting used to using it. Missing a few screws. Sent an email to customer support (almost 2 weeks ago) for replacements but have not heard back yet. More to come...	3
194		I love this! Use it everyday at work.	5
195	Great so far	I got this for christmas and so far I am loving it. The floor stand fits perfectly under my desk.	5
196		Seems to be quite well made and sturdy -- it's easy to use and definitely keeps my knees from being stiff.	5
197	Great Product	I have only been using the Hovr for about a month now, but I love it. I feel that that it really does make a different in how I feel though out the day.	5
198	Keeps me moving	I forget the HOVR is under my desk. I really like the relief it gives me from having to sit at my desk for long periods of time.	4
199	HOVR with Floor Stand	I love this product, keep it under my desk at work where I have 12 shifts that require me to sit. I was having leg swelling and stiffness from being sedentary for such long hours. The first day I used the stand I was amazed in the difference in my legs. Would highly recommend.	5
200		HOVR with Floor Stand (Black & Blue Straps Included)	4
201	Easily done exercise!	I now have a HOVR Pro at work and at home so any time I'm working on my computer, I can keep moving. I've been averaging over 25,000 steps per day without	5

#	Title	Review	Rating
		the gym or losing time after work with my family. I have recommended this product to all of my friends!!!	
202	Started using HOVR today (floor model)	I am using my HOVR as I write this review. Very easy to set up (even for me). It fits under my desk perfectly. There's a little bit of a learning curve. Getting both feet situated on the round pads was a challenge the first try. Love the swinging motion, first to back, side to side. I have even done a little "pedaling" motion. I can really feel it in my hips and calves. No more guilt about a few hours sitting at my laptop. So far so good.	4
203	Worked a miracle!	I purchased this for my husband, who not only doesn't get to be as physical as he'd like to, but more importantly, has epic sleeping issues which often cause him to fall asleep at his desk (long story, short). For us, the exercise side of it is a bonus. Suffice it to say, if he stays at his desk, and uses his HOVR, he has remained fully awake every day since taking it to work after receiving it for Christmas! Now, we need to work on how to take it to meetings... hahaha! ;-)	5
204	Best money ever spent!	This little piece of equipment is a game changer for a 10 hour day at a desk I was having great deal of swelling -this keeps the Circulation Moving	5
205	HOVR	I use my HOVR daily, it makes me feel so much better about all the sitting I do.	5
206	I guess time will tell	I am giving the HOVR 3 stars for now. I do try to intentionally rock my legs with it. I suppose if the science does give evidence that these types of movements are better for long time seated positions then it might warrant a 4 star.	3
207	Love it!	I bought the Hovr about a month ago and use it everyday at work. I love it. Easy to assemble, easy to use. Quality materials. My legs feel better, my concentration is better, my coworkers keep trying to steal it. I would definitely buy it again.	5
208	Great workout	I work at home, easily set up, fits under my desk, great way to get movement in a sitting job!	5
209	pleased	<p>There are numerous movements you can do on this equipement which I find a plus because it works different muscles yet keeps them from getting sore from repetative use of the same limited muscle groups. And I don't need to do anything to change from one exercise to another except move my legs or feet differently. Even just placing your feet on the pads forces you to engage the muscle in your legs. This machine is perfect for someone who needs to build up strength slowly. I got it for that reason and to improve the circulation and decrease the swelling in my legs and feet. So far not much improvement in the swelling but after three weeks it is easier to step up onto a curb, which was hard before. So leg strength has improved.</p> <p>I bought the floor stand model because i wanted the versatility of using it in more than one location and I knew I would have difficulty attaching it under my desk top. My only criticisms are it seems a bit over priced, mine was \$119 for the floor stand and strap/paddles and the floor stand shifts and need to be readjusted often. If it was a bit lower in price and designed so the floor stand didn't shift I would give it a 5. Other than that it seems to be well made.</p>	4
210	Pretty good product...	I like the Hover, the only thing I do not like is that the strap slips and I have to keep adjusting it.	4
211	Happy feet	Just what I expected after reading information. My feet can't stay off of it.	5
212	Replacement Pads	The replacement non-slip pads for my HOVR are great! I was one of the initial crowd funding users and the pads that came with HOVR were a different design than these. The rubber rings on them were continually coming off making for a bad experience. These replacements look better made and have worked great so far.	5
213	Perfect accompaniment	I had purchased the desk mount set previously but I had to switch desks and it was incompatible. I got the swing and I'm back in business. It's the perfect size and is sturdy!	5
214	HOVR Floor Stand	Well packaged, easy to assemble and works great! I purchased the HOVR and had the hooks installed on my desk; the hooks were too far away from my chair and when I used the HOVR, my chair kept pushing back away from the desk. By using the stand, it is more adjustable.	5
215	Love it!	<p>I got the model with the stand since I'm using it at work. It slides a bit on my carpet, but that's my only gripe.</p> <p>I find I rarely sit down without putting my feet up on my HOVR now. I have a co-</p>	5

#	Title	Review	Rating
		worker who comes in and sees my feet under my desk and asks if I'm powering the building. :D	
216	Brilliant piece of kit	I teach online from home, and I'm sat at my desk all day and all week. This means I don't get to walk around much and standing desks are no good as I can move when on live conference. So I was looking for something to keep my legs mobile and keep the circulation moving, having tried various gadgets like rocker stools and leg steps, but all failed to make any difference by the end of the day. I saw the Hovr on Amazon and thought what a brilliant idea. As I live in the UK, it was difficult to get one here, so I went to the main website and was thrilled to find that Hovr deliver worldwide and have a great customer service. Also a great price too. Within 14 days the swing arrived and my husband fitted it to my desk and I haven't looked back since. Yes one of the foot disks started to grind a little, but cleaning the bearing and re-oiling it has made it good as new. Cannot recommend enough for anyone who is desk based for hours at a time, this does make a difference.	5
217	Better than I expected!	Comfortable to use with the ability to negate some of the issues of a sedentary job. Pleasantly surprised that I actually enjoy using it!	5
218	Great product, maybe not the best execution	<p>I love my HOVR. My knees have started hurting from sitting all of the time at work, and I thought perhaps the HOVR, by keeping my legs moving, would ease some of that discomfort. It does! I'm quite pleased with it.</p> <p>My only complaint is that the floor model scoots forward, and I find I have to adjust it often. I'm on carpeting, so maybe it would be better on hardwood or vinyl, but I suspect not.</p> <p>I wish I could have used the under-desk mounted version, but I don't think my organization would have allowed it, since it involves drilling into a particle-board (?) desk. I guess I wish there were another option that would keep it in place.</p>	4
219		I've bought it, tried it and it works!!!	5
220	Best purchase! Can't work without it.	I've had my Hovr for 2 years now. It still works as well as it did on day one. It prevents my legs from swelling and joints from being stiff. I have to sit about 10 hours a day. For a short period of transition at work last year, I did not have it. My legs swelled and joints ached so painfully. I didn't realize how much Hovr helped keep me healthy until I didn't have it. I will never work without it again!	5
221	Takes Some Getting Used To, But Worth It Overall	<p>Overall, I love it. I've only been working from home at my desk for a few months, but I knew sitting still everyday was awful. It's just fun to be able to move your legs around and fidget while working.</p> <p>It keeps you from feeling still and helps me to take breaks less often, since I don't need to get up and 'shake it out' anymore.</p> <p>I got the desk mounted Hovr in an attempt to save space under my desk. However, now I kind of wish I got the Hovr with stand. My desk is pretty sturdy overall, but many motions shake my entire desk. So you need a super stable desk that won't move at all.</p> <p>I also had to bring a rug into my office as my office chair kept rolling as I attempted any motion. It comes with a wheel stopper, but either I'm stupid or you have to spend 1-2 minutes every time you sit down in order to line up your chair with the wheel stopper. But the rug works fine.</p> <p>The first day was super awkward, as you need to position your feet just right for comfortable use, which can take anywhere from 5 seconds to a minute. But once you get used to it, it's a lot easier.</p> <p>So overall, I love it and would recommend it to anyone that sits at a desk for an hour or more per day. Just note that for me, the first 2 days were quite frustrating and awkward, but now it feels great! And I would pass on the desk mount unless your desk is super stable.</p>	4
222	Easily Assembled.	The stand slides backwards as I use it. I took the plastic mat up from under my chair, but it still slides on the carpet. I have to keep moving it back to original position. Other than that, I have really enjoyed it. Truly exercises your legs and keeps them moving.	4
223	Very fun	Keeps my feet entertained. I'm hoping it'll also help with my lower leg vein health.	5



#	Title	Review	Rating
224	Makes my workday fun	I love my HOVR!! I have to sit so much for my job and its so fun to swing my feet while I work. I love that I can swing in so many different ways because the foot rests swivel. I would recommend this to anyone!	5
225	Works well	I have a problem with restless legs at night. This helps relieve the problem and let's me get to sleep faster.	5
226		Replacement Non-Slip Pads with SitFlow body	5
227	Love it	Doing my knees lots of good	5
228	Must Have Product!	I love this product!! I work in an office, sitting the majority of the day, and recently had back surgery. This product has changed my life! So easy to use. You can easily use it without having to lose concentration, and at the end of the day you feel refreshed and SO much better than slouching in your chair with poor posture.	5
229	Doesn't seem to do much	Awkward and uncomfortable so far. The plastic ring "feet" slide around and keep falling off.	3
230	Replacement floor stand	I bought the original stand a few years back when I backed the kickstarter for this product. Recently it started to bend and they were kind enough to send me a replacement for the cost of shipping. While I think this one may last longer than the original due to the way it is constructed, I don't like the fact that it slides across the carpet in my office. I will need to figure out a way to stop that. Other than that it was easy to put together and seems sturdy so far. Hopefully this one lasts a lot longer than the original.	4
231		I love this!	5
232	works as advertised	The HOVR assembled easily; only difficulty is that the set screws locking the frame together seem to have the heads strip easily, so I am not sure I can readily disassemble it. I have a little trouble getting my chair high enough for the recommended thighs above knees position. Repetitive motion is not easy to sustain, but gentle, frequent motion is easy. Let's see if some months of it help my knee rehab. which is why I bought it.	4
233		SitFlow with Floor Stand (Black & Blue Straps Included)	5
234	Awesome!	I purchased the floor stand Sitflow and use it whenever I watch TV then just move it to my desk when I'm working at my computer. I have used it everyday since I received it and think it's a brilliant idea and fun too!	5
235	New convert	I sit 10+ hours a day at my job. Moving is hard to fit in because of the type of work I do. The HOVR has been under my desk for two weeks. I've already noticed improvements in the swelling in my ankles at the end of the day and my legs just feel better. Easy to maneuver and extremely stable. I'd recommend it to anyone who sits too much!	5
236	Great Autistim tool for home/school!	Our child with autism is very fidgety, OCD and ADHD and needed an outlet to move while doing desk activities at home and school and even while watching limited TV. We tried the foot bands and compared them to Sitflow and our child loved the Sitflow because more freedom of movement that it provides relaxed our child for much better focus on projects. Our child uses Sitglove about 6 hours per day or every time sitting whether it be eating, desk work or movie time. After years of use heavy we are now buying replacement pads because we cannot go without this! It is built tough for heavy use and does not disappoint! Five stars plus on this Sitflow tool in our opinion!	5
237	Amazing!	This is a must for everyone that sits at a desk! Super easy to use, and best of all...silent!	5
238	SitFlow review	This is a great product. It's great exercise whenever I want to add some movement to my otherwise sedentary life. I have a replaced knee and i can use this machine with no worries for damage or pain. Glad I have this SitFlow!!	5
239	A Learning Experience	I thought this would be simple at first. A few adjustments to the process and it is not so bad. It is okay to use.	4
240	Some Good Some Bad	I backed this on kickstarter.  The good is that I really like it and use it every day.  The bad: As one reviewer said, there is a durability problem with the foot plates. They sell them so they are replaceable but they will fall out sooner or later. As another reviewer said, there is a problem with wheeled chairs like most office chairs are.	3

#	Title	Review	Rating
		<p>Finally, there really need to be toe clips like you have on a bicycle. My feet fall off frequently.</p> <p>All in all, I love this thing. I use it all day every day. I only gave it a lower than 5 star rating because of the problems. I recommend it to everyone despite its problems. I'm going to buy some toe clips and see if I can make them work. I accept the fact that I will need to replace the foot pads now and then. I don't like but I accept it. The next chair I buy will have wheels that can lock.</p> <p>The thing is great</p>	
241	SitFlow with Floor Stand	I've been using the SitFlow with Floor Stand for about a month now with a stationary chair and love it. The gentleman I chatted with in customer service was great and shipped it to me super fast. I have restless legs and it's greatly improved how my legs feel at the end of a long period of sitting at my desk. The only problem I've experienced is the pin that holds the strap in place has fallen out a few times, but it's a quick fix. Overall, I'm very pleased with this product.	5
242	I like it!	It took me a little bit to get the height of my chair and the height of the foot pads to the right place but now I use it about half or more of my work day.	5
243		SitFlow with Desk Mount (Black & Blue Straps Included)	5
244	Both my daughter and I love it.	I participated in the kickstarter, and have loved my hover/sitflow since - as it is a great way to keep moving while at a desk all day and is a great alternative to a footstool. What we discovered recently with virtual school, is that my 2nd grader, who is constantly fidgeting loves it even more, and it keeps her calm and focused during school. So we bought a 2nd one for her. They definitely improved the product since my original one, with better disks and screws don't fall out. I just wish I could get another floor mount, and am disappointed with customer service as I've submitted my question on when the floor mount will be available with no response.	5
245	When will the SitFlow with Floor Stand be Available	Kindly advise when will it be Available? Would really like to purchase 1. Do you have a wait list?	5
246	Swing at your desk	This is a great product. We used a zip tie to attach it to John's desk. He's 70 yrs old, works at a desk all day so this is a great way for him to keep his limbs moving. He likes it. Helene	5
247	Ready to Order	Yes when is the floor mount option going to be back in stock? I'd like to order before Christmas.	5
248		When is this going to be available?	5
249		Can you notify me when you have some products in? Really need it ASAP. Thank you	5
250	NEEDS A SitFlow PORTABLE FLOOR STAND	Oh please let us know about this stand, not everyone can screw theirs into the desk/s they use. I can NOT find anything else that will work. HELP HELP HELP- If this isn't coming back please also just let us know.	5
251	This thing is awesome!	This thing is awesome! First day using my HOVR in the office. You guys are going to sell millions of these!	5
252	Amazing for students with ADHD	For some students with ADHD or any type of movement needs, the HOVR is a great tool. It is discrete (under the desk), quiet, and because it is hands-free it enables students to use their hands for academic tasks such as writing or using manipulatives. The acclimation period is quick for children and the various types of movement the HOVR provides ensures students don't bore of it easily. One student in particular when from being able to sit and read for less than 5 minutes at a time to sitting for 30 minute durations while using the HOVR.	5
253	I am really enjoying having the HOVR	I just received my HOVR with a stand. I just wanted to tell you how pleased I am with it. I am a senior with a knee problem and heel pain. This makes it difficult for me to walk long distances. The HOVR is doing exactly what I hoped it would do. It allows me to keep moving my legs without putting pressure on my heels and knees. So although this was an expensive purchase for me, I am really enjoying having the HOVR and glad I took the chance on your product.	5
254	I just wanted to let you know how much I love my HOVR!	I just wanted to let you know how much I love my HOVR! I just had it installed at my desk at work about a week ago - the set up was very easy (I had my boss do it!)	5

#	Title	Review	Rating
		<p>It seems to work best if I take my shoes off. It's so nice to have something to do with my legs while I work! It's not distracting, either. I like that there are so many movement options and I am confident that this extra movement will be a health benefit - I'm sure I am getting extra circulation in my legs, instead of them being stagnant without the HOVR.</p> <p>Thank you for creating such a fantastic product and I give you permission to use any of my words in this email as a testimonial.</p>	
255	This thing is awesome!	This thing is awesome! First day using my HOVR in the office. You guys are going to sell millions of these!	5
256	I love the HOVR !!!	This has transformed the way I work forever . I sit long hours and I'll never go to work without my hovr. I'm more focused! I don't feel back pains or leg cramps.. it's so awesome. Highly recommended.	5
257	Move over desk feet! Try something cooler!	I love this. I bought it because I spend a lot of time on the computer working on my masters degree. It keeps my legs active and not so swollen. I want one for all of my desks at work!!	5
258	Very happy with HOVR	I often swing my feet when I sit at my desk, not for exercise but because I am too short for my feet to touch the floor and my legs fall asleep. I have mobility issues and find it difficult to exercise so I thought this would help with both issues. I find I swing my feet now subconsciously, getting exercise and increasing my metabolism without even thinking of it. With HOVR I have no pain from arthritis in my knees, no shortness of breath from walking, and I actually enjoy it. I would highly recommend this to anyone interested in pain free exercise that is actually fun. The only issue I have is the foot rests are uncomfortable for bare feet. This can easily be remedied by putting socks on the foot rests. I give it 5 stars. *****	5
259	Excellent Product	Excellent Product	5
260	A big hit!	I'm really enjoying using the HOVR! I have it in my office and people keep asking me where I got it. Great for me because I fidget so much if I'm just sitting all day. Thanks!	5
261	5/5	HOVR with Floor Stand	5
262	5/5	Love it!	5
263	Fantastic :)	<p>Easy to install (Desk Mount). Still have the "Training Wheels" on, but find it great! Don't even realize I'm using it after a while. I do have to move my PC tower to a new location for more freedom though.</p> <p>10/10 HOVR.</p>	5
264	A very useful way to put up your feet	This keeps my legs moving when I use it at work and I can feel a relief from stress on them. I feel like I'm doing more for my health to avoid the problems of sitting all day. Setup was easy. I just wish the footpads could be locked to make it easier to get my feet on them initially.	4
265		HOVR with Floor Stand (Black & Blue Straps Included)	5
266	Started using HOVR today (floor model)	I am using my HOVR as I write this review. Very easy to set up (even for me). It fits under my desk perfectly. There's a little bit of a learning curve. Getting both feet situated on the round pads was a challenge the first try. Love the swinging motion, first to back, side to side. I have even done a little "pedaling" motion. I can really feel it in my hips and calves. No more guilt about a few hours sitting at my laptop. So far so good.	4
267	Under desk fun	Great for circulation, fidgeting, and mindless movement, takes getting used to for foot placement, once feet on, do your thing!	5
268	I love it!!!	It is easy to set up and use. Helps me keep moving. I had a PE blood clot and it has made a huge different.	5
269	No good if your chair has wheels	Let me first say that I really like this product and I would give a 5-star rating BUT it is completely un-usable if your chair has wheels and is on hardwood flooring. If you have a carpet it should work fine. Every 30-60 seconds I have to pull myself back to the desk because i keep drifting away. I tried rubber stopper blocks but to be honest, they kept moving out of place and I spent more time fixing them then working. I have a \$400 heavy-duty dxracer chair that weighs a ton as well. Any suggestions on what to do to make my chair stop rolling short of installing carpet and I'd change this rating from a 2.5 to a 5.	2

<b>#</b>	<b>Title</b>	<b>Review</b>	<b>Rating</b>
<b>270</b>	Great product	Great product for the new work at home office. Keeps me moving all day.	5
<b>271</b>	Please let me know when it is available again	I'm interesting in one...may you send me a notice when it's available again? Thank you	5
<b>272</b>	Availability	Would love to know when these are available to purchase. Thank you!	5